



# INTRODUCTION TO **AWASAR**

---

[www.saath.org.np](http://www.saath.org.np)

## ABOUT AWASAR

Awasar (meaning “opportunities”) is SAATH’s flagship evidence-based sustainable livelihood development program. It is designed to create an enabling environment for economic empowerment and resilience of marginalised, disadvantaged and vulnerable women and young girls. Awasar positions economic empowerment of marginalized, disadvantaged and vulnerable women and young girls at the core of its interventions. The approach ensures that our primary target rights-holders/beneficiaries secure and benefit from increased access to resources and decision making within the local value chain process, in the economy and within their households.



## WHAT AWASAR AIMS FOR?

The program aims to identify, diversify and secure livelihoods within areas especially vulnerable to disasters and climate change, contributing to a more resilient and inclusive economy that values the concealed potential of women and young girls. These are the goals we aim for:



## AWASAR PROGRAM APPROACH

**PRIORITY 1**



Market based vocational skill training for capacity development

**PRIORITY 2**



Priority 2: Business Management and Financial Literacy for fostering entrepreneurship and employment opportunities

**PRIORITY 3**



Priority 3: Women’s Collective for Self Reliance and Socio-economic Empowerment

## AWASAR CURRENT ACTIVITIES

ACTIVITIES	DESCRIPTION	OUTCOME
Tailoring Training	The tailoring training is 6 months long and is basic in nature. The beneficiaries learn skills to produce items in demand in their respective communities.	This basic training of 6 months provides women with the skill that they can use to support their livelihood.
Mithila Art Training	The Mithila Art training is a community based training that is 6 months long and highlights the generations old traditions of Dhanushadham and Janakpur.	The mithila art training of 6 months provides women with knowledge on their ancestral skills and tends to ensure further livelihood opportunities.
Non Formal Education Classes	Most of the beneficiaries in the program have either not gone to schools or have incomplete formal education. The non formal education classes help them to strengthen their basic literacy skills.	The beneficiaries become confident and learn to fill necessary documents for various purposes.
Life Skills Training	This workshop is conducted by experts in the field which focuses on developing soft skills in the area of self awareness, livelihood, emotional intelligence and effective communication. Refresher training is also provided.	Women will have soft skills to help them lead a more mentally and emotionally aware life.
Workshop on SRHR & Women's Right	This workshop is conducted by experts in the field which focuses on helping the beneficiaries learn more about their bodies. The session on rights helps the beneficiaries be aware of their rights.	Women generate awareness about themselves and their rights making them responsible citizens.
Workshop on Women & Identity	This workshop is conducted by experts in the field which focuses on building an inclusive environment for the beneficiaries. It tries and helps to instill the importance of equality within the beneficiaries.	Women develop an idea on the importance of inclusive society and how to help create one.
Business Management Workshop	This workshop is conducted by experts in the field which focuses on helping the beneficiary develop basic financial literacy and a way forward to manage their future businesses.	Women develop financial literacy and build awareness on the requirements to open and sustain their own businesses.
Sewing Machine Distribution	The beneficiaries are given sewing machines at the end of the training that helps them to start their livelihoods as a tailor.	Women are empowered and motivated to begin their professional lives as tailors.
Shop Establishment	Interested former beneficiaries receive support from the organization to open their shops.	The women receive initial support to establish their shops until they are able to sustain it.

## ENGAGEMENT SO FAR

The program has conducted the above activities since 2015 for 222 women from Sindhupalchowk district who belong from marginalized communities and were severely affected by the earthquake. Among the trained women 15 women have received employment at Danfe Works Enterprises Nepal, a sustainable partner for Program Awasar, 6 of the women have started their own shops, around 15 women are working at local tailor shops and the remaining are continuing as home based tailors. In Dhanushadham the program has trained 43 women in tailoring and mithila art. The women are currently working from home.

**222** GIRLS FROM  
SINDHUPALCHOWK

**15** RECEIVED  
EMPLOYMENT AT  
DANFE WORKS

**6** STARTED THEIR  
OWN SHOP

**15** WORKING AT LOCAL  
TAILOR SHOP

**43** GIRLS TRAINED FROM  
DHANUSHADHAM

## HOW CAN YOU SUPPORT?

Your support for Awasar will help us achieve our objectives of providing skill based training to women and reduce inequalities.



SPONSOR  
TRAINING FOR A  
WOMAN



SPONSOR  
RESOURCES  
NECESSARY FOR  
TRAINING



SPONSOR A  
WORKSHOP



SPONSOR  
THE MACHINE  
DISTRIBUTION



SPONSOR A SHOP



**SAATH**  
📍 Jhamsikhel, Lalitpur  
Nepal

☎ + 977 9801800987  
✉ info@saath.org.np  
🌐 www.saath.org.np